



CDA Annual Session

The Stanley Hotel
June 6-9, 2019 · Estes Park, CO



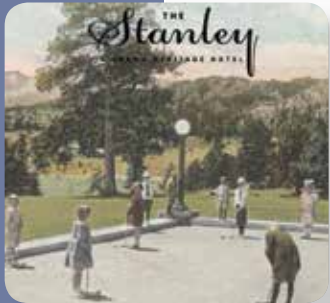


What was that? Did you hear that?

Was it the sound of pattering feet running to the CDA Annual Meeting this year at the famous Stanley Hotel in Estes Park, CO? Or ghosts haunting the fourth floor of this gorgeous historic hotel? Ghosts aren't real, right?

If you haven't heard of The Stanley Hotel, a quick internet search will enlighten you. Stephen King was inspired to write "The Shining" after spending the night in room 217. According to hotel staff, Jim Carrey only lasted three hours at the hotel before demanding a new place to stay while filming "Dumb and Dumber." Maybe you'll catch Mrs. Stanley's pianos playing unattended in the concert hall or find your luggage items moved within your hotel room without explanation. Let me know if the spirits of children cause the lights to flicker on the top floor of the hotel...especially in rooms 401 and 428. Don't take my word for it, check it out yourself.

Whether you believe in ghosts or not, The Stanley Hotel is the perfect location for the 2019 CDA meeting. Just an hour and a half from Denver, this quaint town has something for everyone:



- Estes Park Aerial Tramway
- Rocky Mountain National Park
- Lake Estes
- Open Air Adventure Park
- Elkins Distilling Co.
- Hiking trails galore
- Shops and galleries to browse in town
- And don't forget to try the salt water taffy (it's dentist approved, sort of)

We have an incredible meeting planned this year with CE courses by **Kevin Boyd**, D.D.S., M.Sc.; **Stan Cobb**, D.D.S., M.S.; **David Maleley**, D.D.S.; and **Thomas Viola**, RPh., C.C.P. In addition, this meeting will be dedicated to taking care of ourselves and our community with wellness opportunities, networking and, once again, the CDA Foundation Biergarten to benefit students at the CU School of Dental Medicine. We are also pleased to welcome the Colorado Academy of Pediatric Dentistry (CAPD) members to Annual Session. CAPD is having their meeting and speakers in conjunction with the CDA Annual Session again this year.

You don't want to miss this meeting and the chance for a ghost tour! Register today: **cdaonline.org/annualsession**.

Dr. Karen Foster
CDA President

Keynote Speaker: **Stan Cobb, D.D.S., M.A.** Friday, June 7, 2019, 8-9 a.m.



Dr. Stan Cobb is a graduate of Baylor College of Dentistry. Dr. Cobb was the small-town cowboy dentist from Spearman, TX for 14 years before returning to Dallas where he currently serves as associate professor and director of ethics education at Texas A&M Health Sciences Center College of Dentistry.

He has been recognized as a comedian, artist, writer, teacher and humanitarian.

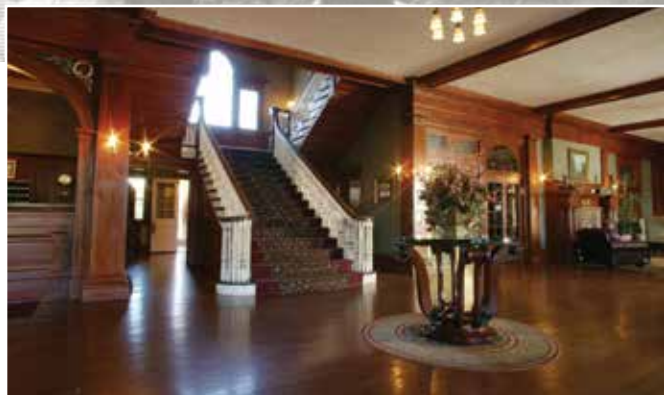
Whether doing dentistry in prisons in Zambia, teaching doctors in Mongolia, visiting with Supreme Court justices in central Africa, making a room full of dentists laugh over lunch at The Drake Hotel in Chicago, or working with dental students waxing teeth or seeing their first patients, Dr. Cobb has done a little bit of everything and has a unique view of dentistry.

House of Delegates Meeting

Friday, June 7, 2019, 8 a.m.-Noon and 2-5 p.m.

Thank you to the delegates attending this year's CDA House of Delegates meeting. The House of Delegates is the CDA's governing body that meets annually to make important decisions for the CDA and organized dentistry. The meeting will start promptly at 8 a.m.—please be on time and bring your House of Delegates materials. The House of Delegates will provide a wireless atmosphere, but we encourage you to download all needed materials prior to the meeting.

CDA delegates represent the entire state of Colorado. CDA members from all 11 components and the CU School of Dental Medicine are present to share thoughts and opinions. You are representing your component, and we urge you to be an active participant in this meeting. Everyone has a voice at this gathering, and we ask that you are respectful of your colleagues and their opinions. Your time and dedication to the CDA is greatly appreciated!



Delegates' Luncheon

Speaker: **David Maloley, D.D.S.**

Friday, June 7, 2019, Noon-1:15 p.m.



Delegates and ticketed attendees are invited to the annual Delegates' Luncheon to network with colleagues and to mentally reset with speaker David Maloley, D.D.S.

Dr. David Maloley started his career as a dental officer in the U.S. Army,

stationed in Germany and Italy. He eventually moved to Avon, CO to start Vail Valley Dental Care in 2009. Doing an "against all odds" start-up in a saturated market and a horrible economy taught him many important life and business lessons. He overcame years of personal and financial challenges and turned it into the practice of his dreams with three-day work weeks, 40+ ski days and six vacations per year. Dr. Maloley is a Certified High Performance and Leadership Coach. He is the co-founder of Dental Success Network, co-author of *Titans of Dentistry* and host of the *Relentless Dentist Podcast*.

In this session you will learn:

- Why work-life balance is actually a dangerous pursuit
- How being selfish can help you serve your family, team, patients and community
- The four mindsets that keep dentists struggling
- The seven habits of high performing dentists
- How you can make more, work less, reduce stress AND increase fulfillment in 2019

There is no charge for delegates, officers or registered exhibitors/sponsors. The cost for guests is \$45 each. *Please indicate on the registration form if you require a vegetarian or gluten free meal.*

Register at cdaonline.org/annualsession



CE Seminars



Hurts So Good! Management of Dental Pain and Appropriate Opioid Prescribing Practices

Presented by Thomas Viola, RPh., C.C.P.

Saturday, June 8, 2019, 9 a.m.-Noon

CE Credit Hours: 3

Course Synopsis:

Management of acute dental pain is accomplished through a clinical approach that successfully incorporates opioid and non-opioid analgesics. However, this normally occurs outside the dental office, away from our immediate supervision and we are often faced with the difficult task of managing patient pain while also avoiding adverse outcomes for both our patient and our communities. Thus, it is critical for clinicians to accurately identify the need for pain control and associated risks, and to assess the efficacy of analgesic agents to be administered. This program will provide an overview of effective dental pain management and identification of addiction. Special emphasis will also be given to a discussion of purported uses of cannabis in pain control and appropriate opioid prescribing.

Learning Objectives:

- Describe the pharmacology and mechanism of action of opioid and non-opioid analgesics.
- Explain the intended role of opioid and nonopioid analgesics in the management of acute dental pain, as well as situations which may preclude their use, based on a patient's underlying medical conditions.
- Explore the purported role of cannabis, with and without opioid analgesics, in the management of acute dental pain.
- Discuss appropriate prescribing practices for opioid analgesics to utilize in everyday clinical situations.

About the Speaker: Thomas Viola, R.Ph., C.C.P., the founder of "Pharmacology Declassified," is a board-certified pharmacist who also serves the profession of dentistry as a clinical educator, professional speaker and published author. Tom is a member of the faculty of 10 dental professional degree programs and has received several awards for outstanding teacher of the year. Tom has presented hundreds of continuing education courses to dental professionals, nationally and internationally, in the areas of oral pharmacology and local anesthesia and is well-known for his regular contributions to several dental professional journals. Through his informative, humorous and engaging live seminars and webinars, Tom has earned his reputation as the go-to specialist for making pharmacology practical and useful for all members of the dental team.



Assessment of Apnea/ Pre-Apnea in the Pediatric Dental Patient: Then what?

Presented by Kevin Boyd, D.D.S.

Saturday, June 8, 2019, 9 a.m.-Noon; 1-4 p.m.

CE Credit Hours: 6

Course Synopsis:

Poorly aligned teeth and jaws are rarely found in pre-Industrial skeletal and fossil records and seldom seen in modern day aboriginal societies. Human malocclusion (HM), now pandemic in industrialized cultures, is a relatively recent phenomenon. Changed cradle to grave dietary strategies characteristic of cultural industrialization seem to play a role in the increased prevalence of skeletal-dental HM. This course describes how antecedents to HM can initially be detected in early childhood, possibly during fetal development, then addressed with orthopedic intervention and non-retractive orthodontic/dentofacial orthopedic intervention strategies. Interestingly, for mutual pediatric patients who suffered from habitual mouth-breathing and enlarged adenoids, some of these early intervention regimens had been effectively in use since the mid/late-19th Century with close collaboration between physicians and dentists.

Learning Objectives:

- Identify early malocclusion.
- Decrease risk for developing comorbidities

Visit cdaonline.org/annualsession for additional information on courses.



associated pediatric SDB/OSA, ADD/ ADHD and other airway-related systemic disorders with appropriate intervention.

- Improve naso-respiratory ability in children who are in the primary or early mixed dentition with co-morbid retrusive and constrictive malocclusion using non-retractive orthodontic/dentofacial orthopedic intervention strategies.

About the Speaker: Kevin Boyd, D.D.S., M.Sc., is a board-certified pediatric dentist practicing in Chicago, IL. He is an attending instructor in the residency-training program in pediatric dentistry at Lurie Children’s Hospital, where he additionally serves as a dental consultant to the Sleep Medicine Service. Prior to completing his dental degree from Loyola University Chicago College of Dentistry in 1986, he obtained an advanced degree (M.Sc.) in human nutrition from Michigan State University, where his research interests were focused on unhealthy eating, dental caries, obesity and diabetes. Dr. Boyd attended the University of Iowa for his post-graduate residency training where he received a Certificate in Pediatric Dentistry in 1988. Dr. Boyd has served on the teaching faculties of the University of Illinois College of Dentistry, University of Michigan College of Dentistry, University of Chicago Hospital, Rush Presbyterian-St. Luke’s Medical Center and Michael Reese Hospital as an attending clinical instructor. He is currently completing pre-requisite course work in biological anthropology at Northeastern Illinois University in preparation for graduate study and research in the newly emerging discipline of evolutionary medicine. His clinical focus is centered upon prevention of oral and systemic disease through promotion of healthy breathing and eating.



Happiness #nofilter

Presented by Stan Cobb, D.D.S., M.S.

Saturday, June 8, 2019, 10-11:30 a.m.
CE Credit Hours: 1.5

Course Synopsis:

Is your plate full? How full is your bucket? Does your cup runneth over? We’re dentists and spouses and parents and siblings and volunteers and teachers and employers and colleagues and friends and caretakers... whew! It’s easy to get lost. This course will teach you about multiple levels of happiness and how to assess

where you are on the happiness scale at home, at work, in relationships, etc. Wellness is an act of prevention and by attending this session, you will be armed with the mental tools needed to thrive at home and at the office. Strive to live with intention and purpose. Learn to feed yourself with the components that create your ideal blueprint for life. This seminar and discussion will give you tips that you can start using the second you walk out the door, and steps to promote change in the future.

Learning Objectives:

- Discover what you think you need and what you really need for happiness.
- Understand why money isn’t the only measure of success.
- Learn how to make your patients the beginning, rather than the end in goal setting.
- Understand intentional living and how to implement it.

About the Speaker: Dr. Stan Cobb is a graduate of Baylor College of Dentistry. Dr. Cobb was the small-town cowboy dentist from Spearman, TX for 14 years before returning to Dallas where he currently serves as associate professor and director of ethics education at Texas A&M Health Sciences Center College of Dentistry. He has been recognized as a comedian, artist, writer, teacher and humanitarian.



Lunch and Learn! Opioid Alternatives for Treating Dental Pain Forum

Presented by Jennifer Goodrum

Saturday, June 8, 2019,
12:15-12:45 p.m.

Course Synopsis: Be a part of the opioid discussion in Colorado. The CDA seeks your expertise and feedback regarding pain management guidelines for dentistry. This input session will help the CDA advocate on your behalf with Colorado policymakers.

CE Seminars



Top of the Heap. Frequently Prescribed Medications and Clinical Dental Considerations

Presented by Thomas Viola, RPh., C.C.P.

Saturday, June 8, 2019, 1-4 p.m.

CE Credit Hours: 3

Course Synopsis:

The challenge faced by all clinicians today is to provide safe and effective dental treatment to our medically complex patients. However, dental professionals find themselves practicing in a marketplace awash in direct to consumer advertising of prescription drugs and in the midst of an explosion of new drug entities over the last several years. Thus, many dental professionals may find it challenging to stay up to date with the latest prescribing trends in disease state management. This program will provide an overview of those frequently prescribed brand name medications whose actions, side effects, contraindications and potential drug interactions may have the greatest impact on dental therapy.

Learning Objectives:

- Identify the most frequently prescribed FDA-approved brand name medications for the treatment of systemic illnesses.
- Discuss the basic mechanisms of action, potential adverse reactions, drug interactions and contraindications of these medications.
- Explain the clinical dental considerations of these medications and their potential impact on dental therapy.
- Describe patient management strategies essential for successful treatment planning and proper care of our medically complex dental patients.

Continuing Education Credit

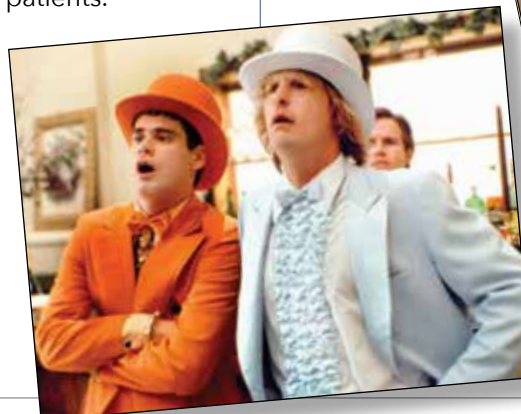
ADA C.E.R.P.[®]

Continuing Education Recognition Program

The Colorado Dental Association is an ADA CERP-recognized provider.

ADA CERP is a service of the American Dental Association to assist dental professionals in identifying quality providers of continuing dental education. ADA CERP does not approve or endorse individual courses or instructors, nor does it imply acceptance of credit hours by boards of dentistry.

Concerns or complaints about a CE provider may be directed to the provider or to the ada.org/goto/cerp. Contact the provider, the CDA, at 8301 E. Prentice Ave., Suite 400, Greenwood Village, CO 80111; 303-740-6900 or 800-343-3010.



Networking, Fun & Lodging

Welcome Wine and Cheese Reception

Thursday, June 6, 4:30-6 p.m.

Unwind at the Welcome Wine and Cheese Reception at The Stanley Hotel. This is a terrific way to start your weekend at Annual Session.

Continental Breakfast in the Exhibit Hall

Friday, June 7, 7-9 a.m.

Annual Session attendees are welcome to enjoy a continental breakfast in the Exhibit Hall.

Delegates' Luncheon with Speaker David Maloley, D.D.S.

Friday, June 7, Noon-1:15 p.m.

Enjoy lunch with colleagues while listening to the "Relentless Dentist," Dr. David Maloley. Dr. Maloley is a dentist in Vail, CO, best known for his Relentless Dentist Podcast and book, "Titans of Dentistry: How the Top Performers Think and Act Differently." This lunch will be in the Stanley's famous Concert Hall.

Dessert in the Exhibit Hall

Friday, June 7, 1:15-2 p.m.

After lunch, delicious desserts await in the Exhibit Hall.

CDA Foundation Bitte Geben Biergarten

Friday, June 7, 5-7 p.m.

Don't miss the CDA Foundation's beer garden of giving. Grab a stein and sample some of Colorado's finest brews. Proceeds fund the foundation's scholarship endowment that supports outstanding CU School of Dental Medicine students.

New Dentist Committee Party and Ghost Tours

Friday, June 7, 7:00 p.m.

New dentists (those 10 years or less out of dental school) are welcome to attend the CDA NDC after party and ghost tour. The party continues after the beer garden and ghost tour tickets are available for those who

register early. Learn about the whispers in the walls, spirits of the Stanley family and paranormal activity that still occurs, during this haunted property tour.

CAPD Happy Hour

Saturday, June 8, 4:30-6:30 p.m.

The Colorado Academy of Pediatric Dentistry invites its members and their families to enjoy a happy hour reception following CE seminars.

The Stanley Hotel Ghost Tour

Saturday, June 8, 5 p.m.

Learn about the whispers in the walls, spirits of the Stanley family and paranormal activity that still occurs, during this haunted property tour. This is a private tour for Annual Session guests; please register through the CDA. The cost is \$27.

(Public tours are also available during the day and night and can be arranged by calling 970-577-4014.)

ACD, ICD, PFA Breakfast

Sunday, June 9, 8-9:30 a.m.

The American College of Dentists, International College of Dentists, and Pierre Fauchard Academy invite their members to a breakfast and discussion event. Cost is \$35.

LODGING

The Stanley Hotel*

333 E. Wonderview Ave.
Estes Park, CO 80517

**Note: The Stanley Hotel has three buildings with lodging—the Main Hotel, The Lodge and The Aspire.*

\$189.00 + tax (single, double, triple or quad occupancy)

For reservations, call 970-577-4040, option 1 (reference "Colorado Dental Association Meeting") or visit cdaonline.org/annualsession for the hotel link.

Rates are available until May 16, 2019.



ANNUAL SESSION 2019

THURSDAY, JUNE 6, 2019

TIME	EVENT	ROOM ASSIGNMENT
12:30-3:30 p.m.	CDA Board of Trustees Meeting	Library (Lodge)
4:30-6:00 p.m.	Welcome Wine & Cheese Reception	Billard/Pinon
5:30 p.m.	CDA Board of Trustees Dinner	Sweet Basilico

FRIDAY, JUNE 7, 2019

7:00 a.m.-4:00 p.m.	Registration Open	Lobby
7:00 a.m.-4:00 p.m.	Exhibit Hall Open	Billard/Pinon
7:00-9:00 a.m.	Continental Breakfast in the Exhibit Hall	Billard/Pinon
7:00-7:45 a.m.	MDDS Caucus Meeting	Music Room
7:00-7:30 a.m.	CSDS Caucus Meeting	Dunraven
7:00-7:30 a.m.	House Teller and Credential Orientation	MacGregor
8:00-9:00 a.m.	Keynote: Dr. Stan Cobb	MacGregor
9:00 a.m.-Noon	House of Delegates Morning Session	MacGregor
Noon-1:15 p.m.	Delegates' Luncheon (Speaker: Dr. David Maloley)	Concert Hall
1:15-2:00 p.m.	Dessert in the Exhibit Hall	Billard/Pinon
2:00-5:00 p.m.	House of Delegates Afternoon Session	MacGregor
5:00-7:00 p.m.	CDA Foundation Beer Garden	Presidential Patio
7:00-8:00 p.m.	New Dentist Committee Networking Event	Presidential Patio
8:00/8:30 p.m.	New Dentist Committee Ghost Tours	Lower Level of Hotel

SATURDAY, JUNE 8, 2019

8:00 a.m.-4:00 p.m.	Registration Open	Lobby
8:00-10:00 a.m.	Exhibit Hall Open	Billard/Pinon
8:00-10:00 a.m.	Continental Breakfast in the Exhibit Hall	Billard/Pinon
9:00 a.m.-Noon	CE: Hurts So Good! Management of Dental Pain and Appropriate Opioid Prescribing Practices (<i>Thomas Viola, RPh</i>)	MacGregor
9:00 a.m.-Noon, 1:00-4:00 p.m.	CE: Assessment of Apnea/Pre-Apnea in the Pediatric Dental Patient: Then What? (<i>Dr. Kevin Boyd</i>)	Music Room
10:00 a.m.-11:30 a.m.	Happiness #nofilter (<i>Dr. Stan Cobb</i>)	Library (Lodge)
Noon-1:00 p.m.	CE Networking Lunch	
12:15-12:45 p.m.	Lunch and Learn: Opioid Alternatives for Treating Dental Pain Forum	Library (Lodge)
1:00-4:00 p.m.	CE: Top of the Heap. Frequently Prescribed Medications and Clinical Dental Considerations (<i>Thomas Viola, Rph</i>)	MacGregor
4:30-6:30 p.m.	CAPD Reception	Billard/Pinon
5:00 p.m.	Stanley Ghost Tour (Tickets required)	Lower Level of Hotel

SUNDAY, JUNE 9, 2019

8:00-9:30 a.m.	ACD, ICD, PFA Breakfast	Music Room
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Register at cdaonline.org/annualsession