CDA Annual Session
Crested Butte, CO
June 7-10, 2018

Welcome to Crested Butte
A National Historic District
It’s a Butte!

If you haven’t been to Crested Butte, Colo., I highly recommend it. And I have the perfect excuse for you to visit this incredible mountain town—come to the CDA Annual Session! This gorgeous ski town is laid back, friendly and full of things to do in the summer. Hiking, biking, eating, drinking, mini-golfing, real golfing, exploring, fishing, camping, rafting and shopping—it’s all here.

We have an incredible meeting planned this year with keynote speaker Austin Eubanks—a Columbine shooting survivor and recovering addict. He is such a powerful speaker and you won’t want to miss it. We’re also hosting nationally known speakers so you can earn CE and enhance your dental knowledge. Be sure to check out the lineup on the following pages.

The House of Delegates has a slate of business this year addressing governance and future direction.

And, of course, it wouldn’t be my meeting without ample opportunity to eat, drink and play. Don’t miss the CDA Foundation Biergarten complete with great beer to try and food to eat. And for the new dentists at the meeting, the NDC after party will follow just a couple steps away. Speaking of which, we’ll be offering another way to get steps during the family 5K fun run/walk.

Lastly, I welcome the Colorado Academy of Pediatric Dentistry members to Annual Session. CAPD is having their meeting and speakers in conjunction with the CDA Annual Session this year.

Don’t miss this meeting. Register today: cdaonline.org/annualsession.

Dr. Carol Morrow
CDA President
Keynote Speaker: Austin Eubanks
Friday, June 8, 2018, 8-9 a.m.
Sponsored By: The CDA Foundation and Dentists’ Professional Liability Trust

Austin Eubanks is a nationally recognized speaker on topics surrounding behavioral health and addiction recovery. He is the chief operations officer for Foundry Treatment Center, on the board of Stout Street Foundation, a member of the founding board of 5280 High School, and a featured member of Speakers for Change.

An injured survivor of the Columbine High School shooting, Austin’s traumatic experience as a teen was the catalyst to his painful journey through addiction. Now in long-term recovery, he has devoted his career to helping those who have turned to substances as a result of trauma. Austin has spoken to hundreds of thousands across the nation regarding his personal journey as well as strategies for addressing the issues of opioid abuse plaguing the nation.

At the Foundry Treatment Center, Austin directs a multi-phase, nationally accredited treatment program overseeing a team of more than 36 care professionals. Leading both program management and business development, his approach bridges the gap between the administrative and clinical functions to provide superior care and achieve optimal business performance.

In his nonprofit board roles, Austin helps to advance the objectives of Stout Street Foundation, a 180-bed therapeutic community serving primarily an indigent population, and 5280 High School, a 400-student Denver Public Charter School focused on prevention and addiction recovery in adolescents—Denver’s first and only public recovery high school.

Austin was previously the director of operations for NorthStar Transitions, a young-adult, transitional treatment program in Boulder, working with college age men and women transitioning from residential treatment to independent living, and executive director of Quiet River Transitional Recovery Community, a luxury transitional treatment program in Denver, focusing on lifestyle reintegration for professionals in recovery.

When Austin isn’t working, speaking, or helping others, you can find him exploring the waters of Northwest Colorado with his fly rod and spending time with his two sons, Caden and Landon.

House of Delegates Meeting
Friday, June 8, 2018, 8 a.m.-noon and 2-5 p.m.

Thank you to the delegates attending this year’s CDA House of Delegates meeting. The House of Delegates is the CDA’s governing body that meets annually to make important decisions for the CDA and organized dentistry. The meeting will start promptly at 8 a.m.—please be on time and bring your House of Delegates materials. The House of Delegates will provide a wireless atmosphere, but we encourage you to download all needed materials prior to the meeting.

CDA delegates represent the entire state of Colorado. CDA members from all 12 components and the CU School of Dental Medicine are present to share thoughts and opinions. You are representing your component, and we urge you to be an active participant in this meeting. Everyone has a voice at this gathering, and we ask that you are respectful of your colleagues and their opinions. Your time and dedication to the CDA is greatly appreciated!

Delegates’ Luncheon
Friday, June 8, 2018, Noon-1:15 p.m.

Delegates and guests are invited to attend the annual Delegates’ Luncheon to network with colleagues and take a break from business proceedings. There is no charge for delegates/alternate delegates participating in the House of Delegates, Executive Committee members or registered exhibitors and event hosts.

The cost for guests is $42 each. Please indicate on the registration form if you require a vegetarian or gluten free meal.

This is an outdoor event, weather permitting.

Register at cdaonline.org/annualsession
Changing Family Dynamics: The Influence of Society and Parenting Styles on Behavior Guidance

*Presented by Clarice Law, D.M.D., M.S.*

Saturday, June 9, 2018, 9 a.m.-noon  
CE Credit Hours: 3  
Sponsored By: The Colorado Academy of Pediatric Dentistry

**Course Synopsis:**
Numerous social changes have impacted contemporary family life. This, in turn, has influenced how children behave in the dental setting, as well as how parents react to various behavior guidance techniques. Techniques once used routinely are no longer included in the behavior guidelines because of opposition by parents and shifts in social acceptability. Despite the exclusion of a number of techniques, few new techniques have been added to the guidelines or validated in the pediatric literature.

**Learning Objectives:**
- Understand the traditional methods of classifying child behavior and the current techniques described in the AAPD guidelines.
- Determine the influence of parenting style on child behavior and on the acceptability of behavior guidance techniques.
- Learn some of the newer findings regarding child behavior and draw from mass market publications, including the popular Love and Logic and Whole Brain Child systems.
- Recognize how we might expand our repertoire of socially acceptable behavior guidance techniques.

**About the Speaker:** Clarice Law, D.M.D., M.S., is an associate clinical professor in the Sections of Pediatric Dentistry and Orthodontics in the Division of Growth and Development, UCLA School of Dentistry. Dr. Law received her D.M.D. from Harvard School of Dental Medicine and completed specialty training in pediatric dentistry and orthodontics at UCLA School of Dentistry. She teaches both disciplines to dental students and residents and is the chair of the Growth, Development, and Aging curriculum track, which focuses on teaching biopsychosocial changes in individuals throughout the stages of life.

Clinical Pearls for Treating Older Patients: Techniques for the Entire Dental Team

*Presented by Randy Huffines, D.D.S.*

Saturday, June 9, 2018, 9 a.m.-noon  
CE Credit Hours: 3

**Course Synopsis:**
Seniors are the fastest growing patient demographic in the U.S. Providing quality dental care for them is rewarding but also challenging due to an array of complex dental and medical conditions. Root caries is a common and frustrating clinical problem requiring unique preventive and restorative techniques. Older patients were excluded in the classic periodontal treatment studies, which have led to many myths about periodontal health and aging. Although most seniors are no longer edentulous, there is still a tremendous need for esthetic and functional conventional and implant supported prostheses.

**Learning Objectives:**
- Learn practical techniques you can immediately use in your practice.
- Understand how to avoid misunderstandings with patients who have visual and/or hearing impairment.
- Learn how to alter “normal” dental treatment to assure a successful outcome when medical conditions such as stroke, cardiovascular disease and Alzheimer’s are involved.

**About the Speaker:** For over 35 years, Randy Huffines, D.D.S., FRCSEd, has treated older and medically complex adults in a traditional private practice, nursing homes and hospitals. He left practice in 1988 to complete a two-year clinical fellowship in geriatric dentistry. For 27 years, he was the director of geriatric dentistry at the Quillen Medical Center in Johnson City, TN. Dr. Huffines has faculty appointments in colleges of dentistry, medicine, nursing, and allied health. He is a past president and a fellow of the American Society for Geriatric Dentistry, fellow of the American Association of Hospital Dentists, and diplomate of the American Board Special Care Dentistry. He is a fellow of the Royal College of Surgeons, Edinburgh, Scotland with a membership in special needs dentistry.

Visit cdaonline.org/annualsession for additional information on courses.
Burnout and Stress in Dentistry: Are They Inevitable?

*Presented by Bill Claytor, D.D.S.*

*Saturday, June 9, 2018, 9 a.m.-noon*

**CE Credit Hours:** 3

**Course Synopsis:**
Dentistry is one of the most rewarding and satisfying professions in America. In fact, dentistry consistently ranks as one of the best jobs in America according to several national publications. However, our profession does not come without its problems and issues. This course will identify and discuss issues that are germane to our profession and proven solutions to rectify and lessen the effects of these emotional challenges. The course will identify signs and symptoms of stress, burnout and isolation in dentistry, and its impact on our personal health.

**Learning Objectives:**
- Discover the three developmental stages of stress in dentistry, and differentiate shame versus guilt issues as it relates to health.
- Examine how dental training may make us more susceptible to emotional illness as compared to physician training.
- Learn about the Maslach Burnout Index and its implication for dentists, and explore perfectionism and what current research implications are on long-term health.
- Identify self-care and wellness methods to counteract stress and burnout to improve overall health.

*About the Speaker:* J. William “Bill” Claytor Jr., D.D.S., F.A.G.D., M.A.G.D., LLRS, graduated from the University of North Carolina School of Dentistry and completed a two-year General Practice Residency at the Medical University of South Carolina. He received the Academy of General Dentistry’s coveted fellowship and mastership, and most recently the prestigious Lifelong Learning and Service Recognition Award. Dr. Claytor earned a certificate in Chemical Dependency Counseling from Union College and currently serves on the ADA Dental Well-Being Advisory Committee. He is a recipient of the C.V. Winter Advocacy Award from the North Carolina Caring Dental Professionals and serves as the volunteer coordinator and independent contractor for the same organization. Dr. Claytor lectures throughout North Carolina and the U.S. on the opioid epidemic in America. Dr. Claytor manages a blog at digitalenamel.com called “Ask Bill” where he addresses current and relevant issues facing dentists today, including substance abuse and professional burnout.

Lunch and Learn! More Than an X-ray: Screening Beyond Teeth

*Presented by Peer Assistance Services*

*Saturday, June 9, 2018, 12:15-12:45 p.m.*

**Course Synopsis:**
How well are you screening your patients? Are you sure their health history statements regarding alcohol, tobacco and drug use are accurate? This seminar will demonstrate a mock patient interview to show you how to most effectively screen patients for risky alcohol and/or drug use habits. Attendees will learn about SBIRT (Screening Brief Intervention and Referral to Treatment) as a public health approach to screening and helping patients. This seminar will address best practices for assessing substance use for adult and pediatric patients.

Simplifying the Medically Complex Patient

*Presented by Randy Huffines, D.D.S.*

*Saturday, June 9, 2018, 1-4 p.m.*

**CE Credit Hours:** 3

**Course Synopsis:**
Millions of dental patients have significant medical conditions that impact their treatment. Unfortunately, the dental literature is full of myths and unnecessarily complicated regimens for managing these patients. Dr. Huffines will share practical clinical strategies he has developed over the years to make this part of your practice rewarding, efficient, predictable and less stressful.

**Learning Objectives:**
- Learn how to simplify the treatment of patients with cardiovascular disease, diabetes, Alzheimer’s, organ transplantation, bleeding disorders, cancer, respiratory problems and hypertension.
- Understand what medication interactions you need to avoid.
- Learn the dos and don’ts of efficient medical consultation.
Managing Space Issues in the Developing Dentition

*Presented by: Clarice Law, D.M.D., M.S.*

**Saturday, June 9, 2018, 1-4:30 p.m.**  
**CE Credit Hours: 3**

*Sponsored By: The Colorado Academy of Pediatric Dentistry*

**Course Synopsis:**
The evidence regarding management of premature tooth loss is sometimes vague and concludes that decisions on space maintenance should be considered on an individual basis. In this presentation, we will discuss how to apply an individualized approach to the management of space issues in the developing dentition.

**Learning Objectives:**
- Understand the development of the dentition from the primary dentition through the mixed into the permanent dentition.
- Consider the outcomes of premature tooth loss.
- Discuss various strategies to address space maintenance and space regaining.

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**Continuing Education Credit**

**ADA CERP®**
Continuing Education Recognition Program

The Colorado Dental Association is an ADA CERP-recognized provider.

ADA CERP is a service of the American Dental Association to assist dental professionals in identifying quality providers of continuing dental education. ADA CERP does not approve or endorse individual courses or instructors, nor does it imply acceptance of credit hours by boards of dentistry.

Concerns or complaints about a CE provider may be directed to the provider or to the ada.org/goto/cerp.

Contact the provider, the CDA, at 8301 E. Prentice Ave., Suite 400, Greenwood Village, CO 80111; 303-740-6900; or 800-343-3010.
Welcome Wine and Cheese Reception
Thursday, June 7, 5-6 p.m.
Relax at the Welcome Wine and Cheese Reception at Elevation Hotel & Spa. This is a terrific way to start your weekend at the Annual Session.

Continental Breakfast
Friday, June 8, 6:30-9 a.m.
Annual Session attendees are welcome to enjoy a continental breakfast in the Exhibit Hall at The Lodge at Mountaineer Square.

Delegates’ Luncheon
Friday, June 8, Noon-1:15 p.m.
Enjoy a break to recharge and catch-up with colleagues. This lunch will be outside at the Elevation Hotel & Spa, weather permitting.

Dessert During Designated Exhibit Hall Time
Friday, June 8, 1:15-2 p.m.
Before you go back to the House of Delegates, have dessert in the Exhibit Hall.

New Dentist Committee Party
Friday, June 8, 7:30 p.m.
New dentists (those 10 years or less out of dental school) are welcome to attend the CDA NDC “Apres HOD” at Butte 66.

5K Fun Run/Walk
Saturday, June 9, 7-8 a.m.
Get some exercise before your start your day of continuing education with this family-friendly 5K Fun Run/Walk.

CAPD Happy Hour
Saturday, June 9, 5-7 p.m.
The Colorado Academy of Pediatric Dentistry will celebrate its first year collaborating with the CDA to offer a pediatric dentistry CE program by inviting CAPD members and their families to a happy hour reception at 9380 Sundeck at the Elevation Hotel & Spa.

ACD, ICD, PFA Breakfast
Sunday, June 10, 8-9:30 a.m.
The American College of Dentists, International College of Dentists, and Pierre Fauchard Academy invite their members to a breakfast and discussion event. Cost is $30.

Lodging
There are two hotel room blocks for the CDA Annual Session:

Elevation Hotel and Spa
500 Gothic Rd.
Mt. Crested Butte, CO 81224
$109* Single, Double, Triple or Quad occupancy
*Rates are subject to tax and town association fee.
For reservations, call 970-251-3000 (reference “Colorado Dental Association Room Block”)
Rates are available until May 17, 2018.

The Lodge at Mountaineer Square
620 Gothic Rd.
Mt. Crested Butte, CO 81225
$129* King Bedroom
$139* Studio (king bed, queen sofa sleeper, galley kitchen)
$179* 1 Bedroom Condo
$249* 2 Bedroom Condo
*Rates are subject to tax and town association fee.
Reservations at The Lodge include 2 single use lift ride tickets on the Red Lady or Silver Queen lifts.
For reservations, call 888-443-6715 (reference “Colorado Dental Association Group”) OR Visit www.skicb.com/mygroup (click on “Enter Booking Code” and type 10010)
Rates are available until May 17, 2018.

Networking, Fun & Lodging
CDA Foundation Bitte Geben Biergarten
Friday, June 8, 5-7 p.m.
After a day of business in the House of Delegates, unwind at the CDA Foundation’s beer garden. Grab a stein and sample some of Colorado’s finest brews.
## Annual Session 2018

### Thursday, June 7, 2018

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<thead>
<tr>
<th>TIME</th>
<th>EVENT</th>
<th>LOCATION</th>
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<tbody>
<tr>
<td>1:00-4:00 p.m.</td>
<td>CDA Board of Trustees Lunch and Meeting</td>
<td>Capital</td>
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<tr>
<td>5:00-6:00 p.m.</td>
<td>Welcome Wine and Cheese Reception</td>
<td>Plaza Pre-Function</td>
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<tr>
<td>6:30 p.m.</td>
<td>CDA Board of Trustees Dinner</td>
<td>Montanya (in town)</td>
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### Friday, June 8, 2018

<table>
<thead>
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| 6:30 a.m.-4:00 p.m. | Registration Open (in The Lodge)                     | Mountaineer Conference Center 
| 6:30 a.m.-4:00 p.m. | Exhibit Hall Open                                     | Mountaineer Conference Center 
| 6:30-9:00 a.m.   | Continental Breakfast in the Exhibit Hall            | Mountaineer Conference Center 
| 7:00-7:30 a.m.   | House Teller and Credential Orientation               | Grand Ballroom                                             |
| 7:00-7:30 a.m.   | CSDS Caucus Meeting                                  | Al Johnson Boardroom                                       |
| 7:00-7:45 a.m.   | MDDS Caucus Meeting                                  | Anthracite                                                 |
| 8:00-9:00 a.m.   | Keynote Speaker: Austin Eubanks                       | Grand Ballroom                                             |
| 9:00 a.m.-Noon   | House of Delegates Morning Session                   | Grand Ballroom                                             |
| Noon-1:15 p.m.   | Delegates’ Luncheon                                  | 9380 Sun Deck                                             |
| 1:15-2:00 p.m.   | Dessert in the Exhibit Hall                          | Mountaineer Conference Center                             |
| 2:00-5:00 p.m.   | House of Delegates Afternoon Session                 | Grand Ballroom                                             |
| 5:00-7:00 p.m.   | CDA Foundation Beer Garden Fundraiser                | 9380 Sun Deck                                             |
| 7:30-9:30 p.m.   | New Dentist Committee Networking Event                | Butte 66 (on mountain)                                    |

### Saturday, June 9, 2018

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<td>7:00-8:00 a.m.</td>
<td>5K Fun Run/Walk</td>
<td>TBD</td>
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<td>8:00 a.m.-4:30 p.m.</td>
<td>Registration Open (in Elevation Hotel)</td>
<td>Plaza Pre-Function</td>
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<td>CE Continental Breakfast</td>
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<td>CE: Burnout and Stress in Dentistry: Are They Inevitable? (Dr. Bill Claytor)</td>
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<td>5:00-7:00 p.m.</td>
<td>CAPD Reception</td>
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### Sunday, June 10, 2018

8:00-9:30 a.m. ACD, ICD, PFA Breakfast

*Events at the Elevation Hotel*
*Events at The Lodge at Mountaineer Square*

Register at cdaonline.org/annualsession